

Postgraduate Certificate in Nursing (Mental Health)

HSC8316

Contemporary Mental Health and Addiction Nursing

**Level 8
Hours**

Credits	60
Learning Type	
Tutor Directed	65
Clinical	300
Self-Directed	235
Total Hours	600

Aim

This course supports nurses to understand the philosophical and theoretical underpinning of contemporary mental health, addiction and disability practice within the New Zealand context. The ākonga will develop an understanding of how this evidence influences and supports clinical judgement and this reflects best clinical practice and decision making.

The nurse will explore socio-political and professional issues influencing mental health, addiction and disability nursing and how these issues relate to professional practice. This will support the nurse to be critically reflective of their environment and identify areas for professional development reflecting the current evidence base.

Learning Outcomes

Following successful completion of this course, ākonga will be able to:

1. Critically reflect on culturally safe mental health and addiction nursing practice.
2. Critically examine contemporary mental health and addiction nursing practice within the Aotearoa New Zealand context.
3. Critically analyse the socio-political context of mental health and addiction nursing in Aotearoa New Zealand.
4. Apply research and scholarship for evidence-based practice.

HSC8326

Professional Practice in Mental Health and Addiction Nursing

**Level 8
Hours**

Credits	60
Learning Type	
Tutor Directed	65
Clinical	300
Self-Directed	235
Total Hours	600

Aim

This course is designed to expand the nurse's ability to relate specialist knowledge and key concepts of care for people receiving specialty mental health and addiction nursing care. The nurse will explore their professional responsibility in relation to working with individuals and their whanau in a culturally responsive way that demonstrates provision of care within a holistic framework.

Ākonga will articulate competently the evidence that supports clinical decision making and how that evidence underpins the formulation of nursing care. Nurses will be able to critically reflect on their nursing practice to ensure practice assists people towards recovery, working with individual strengths to improve health outcomes

The course will support the nurse to develop confidence and competence within the professional practice setting and identify leadership and mentorship roles for future career development

Learning Outcomes

Following successful completion of this course, the student will be able to:

1. Critically examine professional responsibilities in the delivery of specialist mental health and addiction nursing practice.
2. Critically analyse key approaches of specialty mental health and addiction nursing practice in clinical assessment, judgment, and decision-making.
3. Critically reflect on professional practice and leadership development in mental health and addiction nursing.
4. Apply research and scholarship for evidence-based practice.